



Committee Role Description

Cross Country Captain

(Men's and Ladies' Captains to liaise and share the roles below)

Attend Mid-Lancs Cross Country Fixtures Meeting (August) and AGM (November)

Attend Mid-Lancs AGM Presentation Evening to collect Medals

Arrange additional medals as required for the medal-winning team(s)

Present Mid-Lancs Cross Country Individual and Team Medals

Arrange Payment of Mid-Lancs Cross Country Affiliation Fees (in conjunction with treasurer)

Encourage members to take part and provide assistance/guidance

Enter/register runners for Mid-Lancs Cross Country and for ECCA Cross Country Relays, UKA Cross-Challenge at Sefton Park (incorporating Mid-Lancs Cross Country), Northern and National Cross Country Champs and arrange payment of fees (in conjunction with treasurer)

Organise helpers for Mid-Lancs Cross Country Fixtures and other venues where WRR has agreed to assist

Ensure Cross Country Tent is taken to each Event for shelter/changing and organise refreshments

Write, maintain and publish Cross Country Report, Championship Table and results roundup after each event

Attend monthly Committee meetings

Announce Cross Country fixture report at next available Club night and announce forthcoming fixtures/arrangements

Procure and arrange engraving of Cross Country Trophies

Liaise with the Website Co-ordinator regarding advertising and publishing Cross Country details / results / tables

Promote the club wherever possible