



# Code of Conduct – Coaches

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As a responsible Athletics Coach you will be expected to:

- Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
- Place the welfare, safety and enjoyment of the athlete above the development of performance
- Be appropriately qualified including obtaining DBS clearance, update your licence and education as and when required by UKA and adhere to the terms of the coaching licence
- Avoid bullying and use of language which undermines an athlete's self-esteem.
- Ensure that activities you direct, or guide are appropriate for the age, maturity, experience and ability of the individual athlete
- Observe the maximum ratio of coach to athletes appropriate to age, as recommended by national guidelines.
- At the outset clarify with athletes (and where appropriate, with parents or carers) exactly what it is that is expected of them and what athletes are entitled to expect from you
- Never try to recruit, either overtly or covertly, athletes who are already receiving coaching. If approached by an athlete receiving coaching refer immediately to the coach currently providing coaching support.
- Cooperate fully with others involved in the sport (e.g. Officials, Team Managers in the best interests of the athlete
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Encourage and guide athletes to accept responsibility for their own performance and behaviour
- Display and promote high standards of behaviour.
- Maintain a clear boundary between friendship and intimacy with athletes and do not conduct inappropriate relationships with athletes.